

Table 11.6: Spirometry Interpretation for All Participants Based on Benchmark Group (Percent)^{1,2,3}

Interpretation ⁴	Total (N=639)	Age Group			Disability Level		
		65-74 (N=260)	75-84 (N=195)	85+ (N=184)	Moderate ⁵ (N=225)	ADL Difficulty	
						Receives No Help (N=319)	Receives Help (N=95)
Normal pattern	75.2	72.8	76.7	78.9	71.6	76.6	79.6
Obstructive pattern ⁶	17.6	21.1	16.8	9.0	21.7	17.9	6.3
Restrictive pattern ⁷	7.2	6.2	6.6	12.1	6.7	5.5	14.1

(Women's Health and Aging Study, physical assessment, 1992-1995)

¹ All variables have less than 1% missing data. Results are based on non-missing data.

² Descriptive statistics are based on weighted data.

³ The benchmark group consists of participants with no self-report of cough, phlegm, chest wheezing or whistling apart from a cold, or history of smoking cigarettes.

⁴ Categories may not add up to 100% due to rounding.

⁵ No ADL difficulty; disabled in two or more domains (see Chapter 1).

⁶ Percent predicted FEV₁/percent predicted FVC less than 5th percentile of the benchmark group.

⁷ Percent predicted FEV₁/percent predicted FVC at least 5th percentile of the benchmark group, and percent predicted FVC less than 5th percentile of the benchmark group.